



Dynamic Skating - Merrimack College
North Andover, Massachusetts

Typical Day at Camp

GROUP 1

6:15 AM	Camper Wake-Up
7:00 AM	On-Ice
9:00AM	Breakfast
10:15 AM	Dryland
11:50 PM	Lunch
1:00 PM	On-Ice
4:00 PM	Dryland
5:30 PM	Dinner
6:25 PM	On-Ice
8:45 PM	Light's Out!

GROUP 2

7:00 AM	Camper Wake-Up
7:20 AM	Breakfast
9:00 AM	On-Ice
11:30 AM	Dryland
1:15 PM	Lunch
2:50 PM	On-Ice
5:00 PM	Dryland
6:20PM	Dinner
7:40 PM	On-Ice
9:45 PM	Light's Out!

GROUP 3

7:30 AM	Camper Wake-Up
8:00 AM	Breakfast
9:00 AM	Dryland
11:00 AM	On-Ice
1:15 PM	Lunch
3:00 PM	Dryland
4:50 PM	On-Ice
6:30PM	Dinner
8:40 PM	On-Ice
11:00 PM	Light's Out!